



*South East Bay Pediatric Medical Group*  
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To All Of Our Families With Children Who Are Age 16 and Older,

The CDC and FDA have recently recommended that everyone age 16 and older receive a booster vaccine for COVID, provided that it has been at least 6 months since the second dose of their vaccine series. We are happy to provide the Pfizer-BioNTech COVID-19 vaccine in our office. Please call our office to schedule an appointment or email us at [SouthEastBayPediatric@sebpmg.com](mailto:SouthEastBayPediatric@sebpmg.com). Our vaccine clinic is available for patients who do not need to see the doctor, however, if your child already has an appointment coming up, we can give the vaccine at the upcoming appointment, provided that vaccination criteria are met. If you would like to make an appointment to see your doctor and discuss the vaccine or any other issues, please call to schedule an appointment with your doctor, or specify in the email that you would like a visit with your doctor.

We are also continuing to vaccinate all children age 5 and up for COVID, so if your child has not received their initial series, please call or email us. In addition, we are continuing to vaccinate against influenza, so please contact us if your child has not yet received the influenza vaccine. The influenza and covid vaccines can be given together in our outpatient clinic if desired. We have enclosed the CDC statement for your review.

Happy Holidays and Good Health  
Your South East Bay Pediatrics Care Team

*The following is attributable to CDC Director, Dr. Rochelle Walensky*

“Today, CDC is strengthening its booster recommendations and encouraging everyone 16 and older to receive a booster shot. Although we don’t have all the answers on the Omicron variant, initial data suggests that COVID-19 boosters help broaden and strengthen the protection against Omicron and other variants. We know that COVID-19 vaccines are safe and effective, and I strongly encourage adolescents ages 16 and 17 to get their booster if they are at least 6 months post their initial Pfizer vaccination series.”

At this time, only the Pfizer-BioNTech COVID-19 vaccine is authorized and recommended for adolescents aged 16 and 17. More information will be available on CDC’s [website](#) soon.